

BREAKFAST + LUNCH AVAILABLE UNTIL 2:30PM

AVOCADO TOAST [VO] 18.5

GARLIC TOAST + CHICKPEAS + FETA + DUKKAH + RADISH

ADD POACHED EGG +3 / **MAKE IT VEGAN** WITH SOYOYOY FETA +3

VANILLA WAFFLES [V] 18

MISO CARAMEL + STEWED APPLE AND BLUEBERRY + ICECREAM + MERINGUE

BAKED EGGS 19

TOMATO AND BEAN RAGU + SALSA VERDE + SALTED YOGHURT + TOASTED PITA

SPICED ROAST CAULIFLOWER SALAD [V] 19

PUY LENTILS + ROCKET + SOYOYOY FETA + BEETROOT HUMMUS + ALMONDS

ADD BRAISED LAMB +7

SCRAMBLED EGG BURGER 16.5

BRIOCHE BUN + GRILLED HALOUMI + ROCKET + TOMATO RELISH + AIOLI

B.L.T SANDWICH 16

COS LETTUCE, FRESH TOMATO, BACON, AIOLI, TOASTED BRIOCHE

ADD AVOCADO +5 / **ADD** FRIED EGG +3

GRILLED SALMON SALAD 24

PEA TENDRILS + CHILLI + CORIANDER + PICKLED GINGER + HONEY SESAME DRESSING

THE SEA-CHANGE 23

POTATO HASH + GRILLED SALMON + POACHED EGGS + DILL AND CAPER YOGHURT

SWEET POTATO + CARAMELISED ONION QUICHE 16

HOUSE-MADE SHORTCRUST PASTRY + SALAD + TOMATO RELISH

FIELD DAY [V] 21.5

POTATO HASH + TRUFFLED MUSHROOMS + VEGAN CREAM CHEESE + KALE CHIPS

SLOW BRAISED LAMB SANDWICH 22

TOASTED FOCCACIA + WHITE CABBAGE SLAW + FRESH MINT YOGHURT + CRISPS

CHILLI SCRAMBLE 20.5

BETTY WHITE TOAST + SOFT SCRAMBLED EGGS + CHILLI OIL + FRIED SHALLOTS + CORIANDER

BAKED

— GLUTEN FREE —

PUNCHY FRUIT + NUT TOAST [VO] 10.5

JAM + BUTTER

FREE RANGE EGGS YOUR WAY 14

TWO EGGS POACHED, FRIED, OR SCRAMBLED
ON SUPER SEEDY OR BETTY WHITE TOAST

ADD YOUR FAVOURITE SIDES

POTATO HASH [V] 6

BEAN RAGU [V] 5

AVOCADO [V] 5

ROAST MUSHROOMS [V] 6

SOYOYOY FETA [V] 6

HALOUMI 6

BACON 5

GRILLED HUON SALMON 7

BRAISED LAMB 7

CHORIZO 6

CHILLI OIL [V] 3

TOMATO RELISH [V] 3

SLICE OF TOAST [VO] 4

POACHED FREE RANGE EGG 3

FOR THE KIDS

SCRAMBLED EGG + TOAST 9

GRILLED CHEESE TOAST [VO] 9

WAFFLE + ICECREAM [V] 9

[V] VEGAN

[VO] VEGAN OPTION

HOT DRINKS

BLACK - ROTATING SINGLE ORIGIN 3.8
BATCH BREW, LONG BLACK,
RISTRETTO, ESPRESSO

MILK - SMOOTH CRIMINAL BLEND 4.3
PICCOLO, MACCHIATO
FLAT WHITE, LATTE, CAPPUCCINO

GROUND PLEASURES
HOT CHOCOLATE, CHAI LATTE 4.3
MOCHA, DIRTY CHAI 4.9

PRANA CHAI BREWED WITH SOY [V] 6.5

ZEE TEA LATTES 4.9
TURMERIC, MATCHA, DANDY CHAI

ZEE TEA ORGANIC TEAS 4.9
ENGLISH BREAKFAST, PEPPERMINT,
EARL GREY, CHAI, SENCHA GREEN,
LEMONGRASS RELAX BLEND, BLUE TANGO

EXTRAS 0.6
LARGE, EXTRA SHOT, LACTOSE FREE
HAPPY HAPPY SOY BOY, ALMOND, COCONUT

SMOOTHIES

MANGO [V] 10
+ MATCHA + AVOCADO + SPINACH + CHIA
+ COCONUT MILK + RICE MALT

BANANA [V] 10
+ ALMOND BUTTER + CINNAMON + DATES
+ ALMOND MILK

HOUSE MADE COLDIES

ICED BREWS
ICED LATTE 4.3
ICED LONG BLACK 3.8

ICED BREWS WITH ICECREAM [VO]
ICED COFFEE 7.9
ICED CHOC, ICED CHAI 7.9
ICED MATCHA, ICED TURMERIC 8.5

ICED TEA 7
LEMON MYRTLE + ANISEED + ROSE PETAL
+ CINNAMON + BUTTERFLY PEA FLOWER

COFFEE TONIC 7.5
COLD BREW + FEVER TREE
MEDITERRANEAN TONIC + ORANGE

BOTTLED COLDIES

STRAIGHT UP ROASTERS 300ML 6.5
SMOOTH CRIMINAL COLD BREW

SIMPLE ORGANICS 330ML 5.5
LEMONADE, COLA, BLOOD ORANGE

REMEDY KOMBUCHA 330ML 6
GINGER LEMON, MANGO PASSIONFRUIT

TAS JUICE PRESS 350ML 7
FRUITS - WATERMELON + RASPBERRY + MINT + APPLE + LEMON
CITRUS - PINEAPPLE + ORANGE + LEMON + APPLE + GINGER
VEG - BEETROOT + GINGER + APPLE + CARROT + LEMON

THE STRONG STUFF

TWO BAYS AMERICAN PALE ALE 12
375ML 4.5%

HAHN ULTRA CRISP LAGER 8
330ML 4.2%

WILDE BEER PALE ALE 9
330ML 3.5%

GOLDEN AXE APPLE CIDER 9
375ML 4.9%

FRANK'S CHERRY PEAR CIDER 11
330ML 3.5%

IRON HOUSE HARD GINGER BEER 14
440ML 6.0%

HARCOURT VALLEY MANGO SMASH 10
330ML 8.0%

WELDER'S DOG HARD LEMONADE 11
355ML 4.2%

STRANGE OMEN GIN + TONIC 13
330ML 6.0%

PUNCH + LADLE
RASPBERRY PEAR SPRITZ 17
200ML 11.0%

BAKED
— GLUTEN FREE —